All trainees must be able to measure the intraocular pressure accurately using a variety of applanation techniques and understand the limits of each.  They must be able to check the calibration of the tonometer.

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| --- | --- |
| Trainee name: | *Click or tap here to enter text.* |
| Trainee GMC number: | *Click or tap here to enter text.* |
| Training year: | Choose an item. |
| Assessor name: | *Click or tap here to enter text.* |
| Assessor status: | Choose an item. |
| Assessor status – if Other, please specify: | *Click or tap here to enter text.* |
| Date: | Click or tap to enter a date. |

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| --- | --- |
| **Brief description of case** | *Click or tap here to enter text.* |

**Please grade the following areas using the scale below.**

|  |  |
| --- | --- |
| **Attitude and manner** | |
| **V good trainees** introduce themselves and establish the identity of the patient and any other attendant (e.g spouse, parent or carer). Their demeanour throughout shows they are attentive to the patient by gestures, words of encouragement and appropriate eye contact. They clearly explain the purpose of the test and how it will be carried out. They understand the significance of corneal thickness and diurnal variations in IOP and the importance of taking these into account in their clinical assessment. They ensure that the patient is comfortable and that adequate privacy is maintained.  **Poor trainees** fail to introduce themselves and do not identify the patient. They appear to hurry or ignore what the patient is saying. They do not explain the test in an appropriate manner. They fail to appreciate the importance of corneal thickness and diurnal variations in the interpretation of the result. They pay little or no attention to confirmation of patient comfort or privacy. | |
| **Topic** | **Please choose major concerns, minor concerns or meets expectations from the drop-down list** |
| Introduction and explanation of examination | Choose an item. |
| Rapport with patient, empathy and sensitivity to age and context | Choose an item. |
| Respect for patient | Choose an item. |

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| **IOP measurement (Technique: Goldmann/Tonopen/Perkins/other)** | |
| **V good trainees** ensure adequate disinfection of the tonometer before and after use. They insert appropriate amounts of appropriate drops, avoid contact of the tonometer with lids or lashes and complete the measurement swiftly without prolonged contact between tonometer and cornea. They achieve a reading accurate to within 2 mm Hg of the assessor’s reading. They are conversant with all types of IOP measurement methods and the advantages and disadvantages of each.  **Poor trainees** have to be prompted to ensure disinfection of the tonometer tip before and after use. They insert inappropriate quantities of anaesthetic drops or use inappropriate drops. They push roughly on the patient’s eye and lids and touch the tonometer on the lids. They have difficulty achieving a reading, requiring several attempts, and fail to achieve accuracy to within 2 mm Hg. They frequently cause trauma to the corneal epithelium. They are not fully aware of all types of measurement methods or their advantages and disadvantages. | |
| **Topic** | **Please choose major concerns, minor concerns or meets expectations from the drop-down list** |
| Consent for test | Choose an item. |
| Application of anaesthesia and fluorescein | Choose an item. |
| Stabilisation of lids and eye | Choose an item. |
| Use of tonometer, accurate placement on eye | Choose an item. |
| Accurate IOP recording, accurate to within 2mm Hg | Choose an item. |
| Interpretation of result | Choose an item. |
| Corneal appearance after examination | Choose an item. |
| Care of tonometer head | Choose an item. |
| Infection control | Choose an item. |

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| **Checking calibration of tonometer** | |
| **V good trainees** use these techniques skilfully and without prompting. They recognise the limits of normality and correctly interpret their findings.  **Poor trainees** require prompting to use these techniques. They have a poor method and fail to recognise normal and abnormal findings. | |
| **Topic** | **Please choose major concerns, minor concerns or meets expectations from the drop-down list** |
| Knowledge of reasons for calibration | Choose an item. |
| Appropriate use of calibration arm | Choose an item. |
| Interpretation of results | Choose an item. |
| Appropriate action taken | Choose an item. |

**Please use the boxes below for free-text comments and recommendations for further training.**

|  |  |
| --- | --- |
| Please note any aspects which were especially good  *Click or tap here to enter text.* | Please note any suggestions for improvement and action points  *Click or tap here to enter text.* |
| Agreed action plan  *Click or tap here to enter text.* | |

***This form should now be linked to the appropriate EPA.***

**Signature of assessor: Signature of trainee:**