Appendix 1 ARCP Matrix of Progression

	ST1	ST2	ST3	ST4	ST5	ST6	ST7
	Level 1						
		Level 2					
			Level 3				
					Level 4		
Examinations required		Part 1 FRCOphth	Refraction Certificate			Part 2 FRCOphth[a]	
Minimum number of EPAs	2	2	2[b]	2[b]	2[c]	2[c]	2[c]
EPA Level 4 Operating List					2 For SIAs: OO, COS, G, VR, OM, PO	2 For SIAs: OO, COS, G, VR, OM, PO	2 For SIAs: OO, COS, G, VR, OM, PO
Minimum number of GSATs	2	2	2	2	2	2	2
Minimum number of MARs	2	2	2	2	2	2	2
OSATS	As per EPA	As per EPA	As per EPA	As per EPA	As per EPA	As per EPA	As per EPA
CRS	As per EPA	As per EPA	As per EPA	As per EPA	As per EPA	As per EPA	As per EPA
DOPS	As per EPA	As per EPA	As per EPA	As per EPA	As per EPA	As per EPA	As per EPA

	Level 1						
		Level 2					
			Level 3				
				Level 4			
	ST1	**ST2**	**ST3**	**ST4**	**ST5**	**ST6**	**ST7**
DOPSBi	n/a	n/a	As per CS EPA	As per CS EPA	As per CS EPA	n/a	n/a
Other competencies	As per EPA	As per EPA	As per EPA	As per EPA	As per EPA	As per EPA	As per EPA
CbD	√	√	√	√	√	√	√
Evidence of reflective practice	√	√	√	√	√	√	√
MSF	1	1	1	1	1	1	1
Recommended training course	Intro to Phaco						
Surgical logbook	√	√	√	√d	√d	√d	√d
Cataract Complications Audit	√	√	√	√e	√e	√e	√e
Surgical Outcomes Audit						√f	√f
Personal Development Plan	√	√	√	√	√	√	√
Form R, SOAR declaration or equivalent	√	√	√	√	√	√	√

Matrix Glossary

Cataract Surgery	CS
Case based discussion	CbD
Cornea & Ocular Surface Disease	COS
Clinical Rating Scale	CRS
Direct Observation of Procedural Skills	DOPS
Entrustable Professional Activity	EPA
Glaucoma	G
Generic Skills Assessment Tool	GSAT
Multi-Assessor Report	MAR
Medical Retina	MR
Neuro-ophthalmology	NO
Ocular Motility	OM
Oculoplastics & Orbit	OO
Objective structured *assessment* of technical skills	OSATS
Special Interest Area	SIA
Uveitis	U
Vitreoretinal Surgery	VR
Paediatric Ophthalmology	PO
Urgent Eye Care	UEC
Community Ophthalmology	CO

Footnotes

a. Part 2 FRCOphth can be taken from end of ST4, latest mid-point ST6.
b. Level 3 – at least one every six months, signoff in all 12 SIAs
c. Level 4 – at least one every six months, signoff in 2 chosen SIAs
d. When commencing Level 4 OO, COS, G, VR, OM, PO - also record supervision of juniors to Level 3 in chosen SIA. For COS, G, VR only - record supervision of juniors to Level 4 CS

e. Completed cataract complications audit for Level 3 or where Level 4 CS training is undertaken

f. Completed audit OO, COS, CS, G, VR, OM or PO

Further guidance on Levels

1. The curriculum requirements are structured by level. The indicative maximum time period to get to Level 3 is 5.5 years, but levels can be acquired before that. The flexibility offered means that trainees might be able to get CCT in less than 7 years, in response to the GMC's request for a shortened training programme.

2. The philosophy of the curriculum is about quality of evidence rather than quantity and a move away from absolute numbers of workplace-based assessments (WpBAs) and the tick box approach, as demonstrated by the Matrix of Progression above.

3. The Level Guides developed are available for trainers and trainees in the Curriculum Handbook (Level 1, Level 2, Level 3, Level 4) to give information about what would be appropriate evidence at different stages of training.

4. There must be some evidence linked to each Learning Outcome in each domain in **each training year** to show development in the Domain and the Level. For Levels 1 and 2 of training the expectation is that there should be a minimum of one piece of evidence linked to each Learning Outcome for all Patient Management and Generic Domains. For Levels 3 and 4 of training the expectation is that there should be a minimum of one piece of evidence linked to each Learning Outcome for at least two SIAs in the Patient Management Domain and in all Generic Domains. This evidence needs to be appropriate for the Level of training.

5. Advancing from one level to the next is dependent upon achieving a satisfactory outcome in the last ARCP as well as achieving all the Learning Outcomes in all domains in the current level. The level process is separate from the ARCP process and cannot in itself prevent progression from one ST year to the next.

6. The ESR will indicate whether the trainee is working towards a Level or if they have achieved all the Learning Outcomes in all domains as listed in the ESR. This will be recorded at the ARCP.

7. An Outcome 3 will only be given if the curriculum competencies have not been reached in the maximum time period for that level. For example, if a trainee had completed two years (ST1 and ST2) but had not left Level 1, they would require an extension to training. Even if they have an extension to training, they can continue to acquire competencies of the higher levels. Deaneries should be very clear about what remaining competencies need to be acquired in the additional training period when awarding an Outcome 3.